

Valley Community S.O.D.A. Members

(Students OK without Drugs and Alcohol)

GOAL: *To encourage and promote a safe, healthy, tobacco, drug and alcohol-free lifestyle for the student population.*

OBJECTIVES: 1. To provide: * Student-facilitated activities * Periodic drug and alcohol-free social events and activities * Individual, small group, and large group support systems * **Positive "peer pressure" and support for other students**

2. Encourage others to make responsible and appropriate decisions.

3. Open the program to all Valley students in grades 6-12 who are willing to make a commitment to be drug & alcohol-free and remain in good standing as a SODA member.

TO BE CONSIDERED AN ACTIVE SODA MEMBER, STUDENTS MUST:

1. Turn in a completed and signed SODA Pledge Form every year that you intend to be a member.
2. Attend a **minimum** of **ONE SODA MEETING** and **1 SODA ACTIVITY** per year.
3. In signing this you are releasing any photos that are taken for publication use.

SODA PLEDGE

Why I want to be in SODA:

_____ Yes!—I am willing to make a commitment to a tobacco, drug, and alcohol-free healthy lifestyle, and would like to a member for: 2010/2011

NAME: _____ BIRTH DATE: ___/___/___ month day year

ADDRESS: _____

HOME PHONE: _____ CELL PHONE: _____

E-MAIL: _____ FACEBOOK? Y N

PARENT'S NAMES: (mom) _____

(dad) _____

What activities are you interested in? (circle as many as you like) Media advertising (radio; newspaper; billboards; designing logos, t-shirts etc.) Planning activities, Community/School Presentations, Field Trips: Bowling, Outdoor activities, Water Parks, Appreciation Days, Contests, Red Ribbon Week, Other (please list) _____

What year will you graduate? _____

Student Signature & Date