Valley Community SODA

(Students OK without Drugs and Alcohol)

GOAL: *To encourage and promote a safe, healthy, tobacco, drug and alcohol- free lifestyle for the Valley Community student population.*

OBJECTIVES:

1. **To provide:** * Student-facilitated activities * Periodic drug and alcohol-free social events and activities * Individual, small group, and large group support systems ***Positive role models for other students**
2. **Encourage** others to make responsible and appropriate decisions.
3. **Open the program to all Valley students in grades 7-12** who are willing to make a commitment to be drug & alcohol-free and remain in good standing as a SODA member.

TO BE CONSIDERED AN ACTIVE SODA MEMBER, STUDENTS MUST:

1. Turn in a completed and signed SODA Pledge Form every year that you intend to be a member.
2. Attend a **minimum** of **ONE SODA MEETING** and **2 SODA ACTIVITIES** per year.
3. In-signing this you are releasing any photos that are taken for publication use

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SODA PLEDGE

Why I want to be in SODA: _____

_____

_____ **Yes!—**I am willing to make a commitment to a tobacco, drug, and alcohol-free lifestyle, and would like to participate in SODA during the school year: **2009/2010**

NAME: _____ BIRTH DATE: ____/____/____ (month day year)

ADDRESS: _____

HOME PHONE: _____ CELL PHONE: _____

E-MAIL: _____ FACEBOOK? Y N

PARENT'S NAMES: (mom)_____ (dad)_____

Do you have a SODA t-shirt? Y N T-Shirt size? _____

What activities are you interested in? (circle as many as you like) Media advertising (radio; newspaper; billboards; designing logos, t-shirts etc.) Planning activities Community/School Presentations Field Trips Bowling Outdoor activities Water Parks Appreciation Days Contests Red Ribbon Week Other (please list) _____

_____ _____ What year will you graduate? _____

Student Signature Date